	LI	FE SKILLS PRIMARY WING GRAI
DAYS	TOPIC	SUBTOPIC
	Self-Awareness and	
1	Emotional	Recognizing emotions
	Intelligence	
	Self-Awareness and	
2	Emotional	Self-regulation strategies.
	Intelligence	
	Self-Awareness and	
3	Emotional	Building self-confidence
	Intelligence	
4	Personal Hygiene	Importance of personal hygiene:
т	and Healthy Living	Bathing, handwashing, oral care
5	Personal Hygiene	Understanding nutritious food
	and Healthy Living	Chaorstanding harmous food
6	Personal Hygiene	Benefits of physical activity and rest.
	and Healthy Living	
		Respect for teachers, classmates, and
_		school property, Listen attentively when
7	Ethics- Respect	others are speaking, Avoid interrupting
		or talking over others, Use kind and
		respectful language
8	Communication	Listening skills and asking questions
-	Skills Communication	
9		Speaking clearly and politely, Using
	Skills Social Skills and	body language effectively
10		Sharing and cooperation.
	Teamwork Social Skills and	
11	Teamwork	Respecting others' opinions.
	Social Skills and	Building friendships and resolving
12	Teamwork	conflicts.
	Problem-Solving	
13	and Decision-	Identifying problems and brainstorming
10	Making	solutions.
	Problem-Solving	
14	and Decision-	Learning from mistakes
	Making	C C
15	Empathy and	Understanding others' feelings and
13	Kindness	Performing acts of kindness
16	Empathy and	Helping peers and contributing to the
10	Kindness	community
		Take responsibility for one's learning
17	Ethics-	and actions and help keep the classroom
17	Responsibility	and school clean and organized
		č
18	Time Management	To teach students how to prioritize tasks
	and Organization	and manage their time effectively
10	Time Management	Setting daily goals and planning and
19	and Organization	Organizing schoolwork and personal
	-	belongings
20	Time Management	Avoiding procrastination
	and Organization	
21	Safety Awareness	Basic road safety rules and Fire safety
		and emergency preparedness.

22	Safety Awareness	Safe interactions with strangers
23	Financial Literacy (Basic)	Understanding the value of money and Saving and spending wisely
24	Financial Literacy (Basic)	Needs vs. wants
25	Gratitude and Positive Thinking	Positive Self-Talk and Affirmation
26	Basic Etiquette and Manners	Classroom behavior and etiquette and Politeness in Communication

DE 3
LEARNING OBJECTIVE
To help students understand their
emotions, identify strengths and
weaknesses, and develop self-control. To help students understand their
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weaknesses, and develop self-control.
To help students understand their
emotions, identify strengths and
weaknesses, and develop self-control. To instill hygiene habits and promote a
healthy lifestyle
To instill hygiene habits and promote a
healthy lifestyle
To instill hygiene habits and promote a
healthy lifestyle To help students to define what respect
means in their own words, recognizing it
as treating others and oneself with
kindness, consideration, and valuing their
differences.
To enhance verbal and non-verbal
communication for effective interaction
To enhance verbal and non-verbal
communication for effective interaction
To promote positive social interactions
and collaborative skills
To promote positive social interactions
and collaborative skills
To promote positive social interactions and collaborative skills
To develop critical thinking and logical
reasoning
To develop critical thinking and logical
reasoning
To nurture empathy, compassion, and a
sense of community
To nurture empathy, compassion, and a
sense of community
To make them understand responsibility
means being reliable, doing what's
expected, and taking accountability for
their actions To teach students how to prioritize tasks
and manage their time effectively
To teach students how to prioritize tasks
and manage their time effectively
To teach students how to prioritize tasks
and manage their time effectively
To teach students to recognize risks and
follow safety protocols

To teach students to recognize risks and
follow safety protocols
To introduce students to money
management concepts
To introduce students to money
management concepts
To foster an attitude of gratitude and teach students to view challenges optimistically.
To instill polite behavior and good social

manners.

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DAYS	TOPIC	SUBTOPIC
	Self-Awareness and	
1	Emotional	Recognizing emotions
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3	Emotional	Building self-confidence
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	and Healthy Living	
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7	Ethics- Respect	others are speaking, Avoid interrupting
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8	Communication	Listening skills and asking questions
-	Skills Communication	
9		Speaking clearly and politely, Using
	Skills Social Skills and	body language effectively
10		Sharing and cooperation.
	Teamwork Social Skills and	
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DAYS	TOPIC	SUBTOPIC
1	Self-Awareness and Emotional Intelligence	Recognizing emotions
2	Self-Awareness and Emotional Intelligence	Self-regulation strategies.
3	Self-Awareness and Emotional Intelligence	Building self-confidence
4	Personal Hygiene and Healthy Living	Importance of personal hygiene: Bathing, handwashing, oral care
5	Personal Hygiene and Healthy Living	Understanding nutritious food
6	Personal Hygiene and Healthy Living	Benefits of physical activity and rest.
7	Ethics- Respect	Respect for teachers, classmates, and school property, Listen attentively when others are speaking, Avoid interrupting or talking over others, Use kind and respectful language
8	Communication Skills	Listening skills and asking questions
9	Communication Skills	Speaking clearly and politely, Using body language effectively
10	Social Skills and Teamwork	Sharing and cooperation.
11	Social Skills and Teamwork	Respecting others' opinions.
12	Social Skills and Teamwork	Building friendships and resolving conflicts.
13	Problem-Solving and Decision-Making	Identifying problems and brainstorming solutions.
14	Problem-Solving and Decision-Making	Learning from mistakes
15	Empathy and Kindness	Understanding others' feelings and Performing acts of kindness
16	Empathy and Kindness	Helping peers and contributing to the community
17	Ethics- Responsibility	Take responsibility for one's learning and actions and help keep the classroom and school clean and organized
18	Time Management and Organization	To teach students how to prioritize tasks and manage their time effectively
19	Time Management and Organization	Setting daily goals and planning and Organizing schoolwork and personal belongings
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)E 5
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